



**FRANCISCAN SISTERS OF ST. JOSEPH (FSJ)**  
**FSJ GENERALATE**

Bishop Aelen Illam 1 St. Thomas Mount 1 Chennai 600 016 1 TN 1 INDIA  
Tel : 044-22312876 1 Email : fsjaelen1887@gmail.com 1 www.fsjsisterschennai.org

The cross of Christ is the hope that cannot ever be abandoned because we are always in need of it, especially in the most difficult moments

The Cross, in the shape of a sail, is transformed into an anchor that imposes itself over the waves in motion. A universal symbol of Hope.



The figures represent humanity from the four corners of the World. They are embracing each other to illustrate the solidarity between the peoples, as the first holds onto the cross.

The rough sea is a reminder of the difficulties of the pilgrimage of life. Often, personal events as well as those of the world, press on us more intensely, demanding a greater hope.

Following Christ, In the light of word of God and in the footsteps of our father St. Francis of Assisi, we are called to a life of intimacy with God.

- FSJ Constitution 1.1

# JANUARY 2025

MON	TUE	WED	THU	FRI	SAT	SUN
		<b>1</b> Solemnity of Mary, Mother of God	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Epiphany of the Lord
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Baptism of the Lord
<b>13</b>	<b>14</b> Pongal Saint Devasagayam	<b>15</b> Thiruvalluvar day	<b>16</b> Uzhavar Thirunal	<b>17</b> Saint Antony, Abbot	<b>18</b>	<b>19</b>
<b>20</b> Saint Sebastian	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Conversion of Saint Paul	<b>26</b> Republic Day
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> Saint Don Bosco		

01 New Year Day | 14 Pongal | 16 Thiruvalluvar Day | 17 Uzhavar Thirunal | 26 Republic Day



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...the ardent desire to strive towards liberation in solidarity with the downtrodden and the oppressed with special emphasis on women and integral growth of female children.

- FSJ Constitutions 1.3

# FEBRUARY 2025

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2 Presentation of the Lord
3	4	5	6	7	8	9
10	11 FSJ Founder's Day Feast of Our Lady of Lourdes	12	13	14	15	16
17	18	19	20	21	22 Chair of St. Peter, Apostle	23
24	25	26	27	28		

11 FSJ Founder's Day | 22 Chair of St. Peter, Apostle



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# MARCH 2025

Our Congregation endeavours to fulfil its contemplative and active dimension of its apostolic mission, by following the footsteps of St. Francis of Assisi.  
- FSJ Constitutions 4.1

**MON TUE WED THU FRI SAT SUN**

**31**

Ramzan

**1**

**2**

**3**

**4**

Ash Wednesday

**5**

**6**

**7**

**8**

Women's day

**9**

**10**

**11**

**12**

**13**

**14**

**15**

**16**

**17**

**18**

**19**

Feast of Saint Joseph

**20**

**21**

**22**

**23**

**24**

**25**

Annunciation of the Lord

**26**

**27**

**28**

**29**

**30**

04 Ashwednes Day | 08 Women's Day | 19 Feast of St.Joseph | 31 Ramzan



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St. Francis practiced poverty as the only means to enhance his love for the humanity, following his example our practice of poverty should unite us in love with God and with our neighbours.

- FSJ Constitutions 21.5



# APRIL

# 2025

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10 <small>Mahaveer Jayanthi</small>	11	12	13 <small>Palm Sunday</small>
14 <small>Tamil New Year Day Dr. B.R. Ambedkar's B'day</small>	15	16	17 <small>Maundy Thursday</small>	18 <small>Good Friday</small>	19	20 <small>Easter</small>
21	22	23	24	25 <small>Saint Mark, the Evangelist</small>	26	27 <small>Divine Mercy Sunday</small>
28	29	30				

14 Tamil New Year Day / Dr. B.R. Ambedkar's B'day | 10 Mahaveer Jayanthi | 18 Good Friday | 20 Easter



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As God respects and loves each one of us accepts us as we are with our weaknesses and shortcomings, the sisters shall also respect, love and accept one another unconditionally.  
 - FSJ Constitutions 26.1

**MAY**

**2025**

**MON TUE WED THU FRI SAT SUN**

			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			Feast of Saint Joseph, the Worker		Saints Phillip and James Apostles	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
		Saint Mathias				
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

01 Labour Day

The Visitation of the Blessed Virgin Mary



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God's universal love is bestowed on everybody unconditionally, So too the sisters shall share their love towards one another without discrimination.

- FSJ Constitutions 29.1

JUBILEE 2025



PILGRIMS OF HOPE

JUNE

2025

MON TUE WED THU FRI SAT SUN

30

1

The Ascension of the Lord

2

3

4

Solemnity of the Most Holy Trinity

5

6

7

Bakrid

8

Pentecost Sunday

9

Mary Mother of the Church

10

11

Saint Barnabas

12

13

Saint Antony of Padua

14

15

16

17

18

19

Corpus Christi

20

21

22

23

24

The Nativity of Saint, John the Baptist

25

26

27

The Most Sacred Heart of Jesus

28

29

Saints Peter and Paul

7 Bakrid (Idul Azha) | 19 Corpus Christi



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# The Rock

Solid Hope for Persecuted Pilgrims



Trusting in the divine providence and with the spirit of Joy of St. Francis, the poor little man, whose spirit we imbibe, our sisters carry out their apostolic activities. Thus we witness to Christ in the world.

- FSJ Constitutions 33.1

## JULY

## 2025

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3 Saint Thomas	4	5	6 Muharram
7	8	9	10	11	12	13
14	15	16 Our Lady of Mount Carmel	17	18	19	20
21 Saint Mary Magdalene	22	23	24	25 Saint James	26	27 Saints Joachim & Anne, Parents of BVM
28	29	30	31 St. Ignatius of Loyola			

06 Muharram | 31 Feast of St. Ignatius of Loyola



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# Hope

will not disappoint us

By reason of our consecration to God, the sisters bear particular witness to the Gospel.

- FSJ Constitutions 36.1



## AUGUST 2025

**MON TUE WED THU FRI SAT SUN**

					<b>1</b>	<b>2</b>	<b>3</b>
<b>4</b> Saint John Maria Vianney	<b>5</b>	<b>6</b> Transfiguration of the Lord	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Saint Lawrence	
<b>11</b> Saint Clare	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Assumption of the BVM Independence Day	<b>16</b> Krishna Jayanthi	<b>17</b>	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Queenship of the BVM	<b>23</b>	<b>24</b>	
<b>25</b>	<b>26</b>	<b>27</b> Vinayaka Chaturthi	<b>28</b>	<b>29</b> The Passion of Saint John, the Baptist	<b>30</b>	<b>31</b>	

15 Independence Day The Assumption of Mary | 16 Krishna Jayanthi | 27 Vinayaka Chaturthi



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The quality of society and civilization is measured by the respect shown to the weakest of its members. Bearing in mind their moral, social and occupational background we show solidarity with the downtrodden and the oppressed and work for their liberation.

- FSJ Constitutions 38.1



# SEPTEMBER 2025

**MON TUE WED THU FRI SAT SUN**

**1 2 3 4 5 6 7**

Milad-un-Nabi  
St. Theresa of Kolkata

**8 9 10 11 12 13 14**

The Nativity of the BVM

Exaltation of the Holy Cross

**15 16 17 18 19 20 21**

Our Lady of Sorrows

Stigmata of  
St. Francis of Assisi

Saint Mathew, Apostle &  
Evangelist

**22 23 24 25 26 27 28**

Saint Pio

**29 30**

Saint Michael, Gabriel and  
Raphael Archangels Feast

05 Milad-un-Nabi | 17 Stigmata of St. Francis of Assisi



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We create a sense of equality and fraternity among the working women, we inculcate in them self-confidence, so that they help to create a new society of women with self-reliance

- FSJ Constitutions 39.2



# OCTOBER 2025

MON	TUE	WED	THU	FRI	SAT	SUN
		<b>1</b> St. Theresa of Child Jesus Ayutha Pooja	<b>2</b> Guardian Angels Gandhi Jayanthi	<b>3</b>	<b>4</b> Feast of St. Francis of Assisi	<b>5</b>
<b>6</b>	<b>7</b> Our Lady of Rosary	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> Saint John Paul XXIII	<b>12</b>
<b>13</b>	<b>14</b> Vijayadasami	<b>15</b> Saint Theresa of Avila	<b>16</b>	<b>17</b>	<b>18</b> Saint Luke	<b>19</b>
<b>20</b> Deepavali	<b>21</b>	<b>22</b> St. John Paul II	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> Saints Simon & Jude	<b>29</b>	<b>30</b>	<b>31</b>		

01 Ayutha Pooja | 02 Gandhi Jayanthi | 20 Deepavali

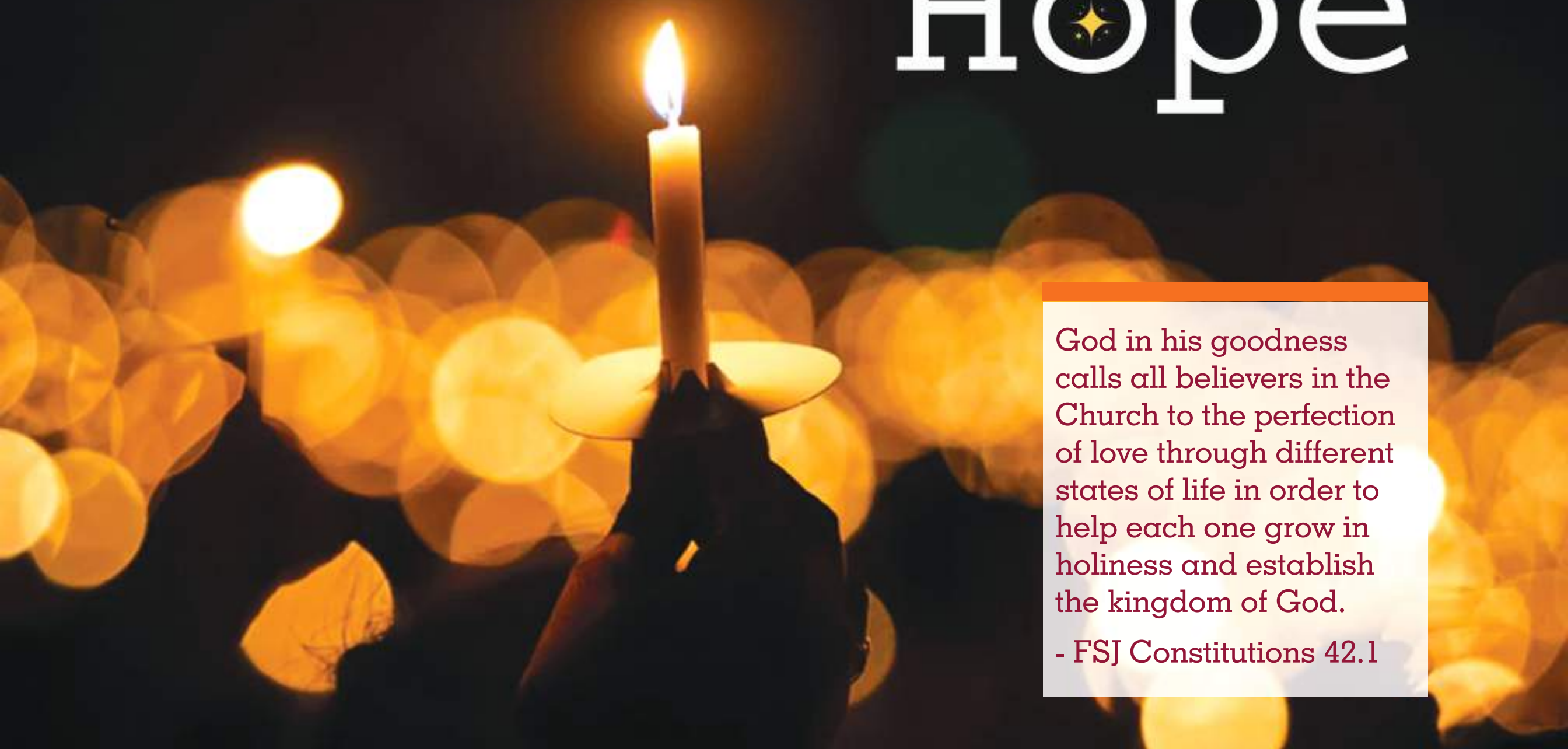


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Becoming Pilgrims  
of  
**Hope**



God in his goodness calls all believers in the Church to the perfection of love through different states of life in order to help each one grow in holiness and establish the kingdom of God.  
- FSJ Constitutions 42.1

# NOVEMBER 2025

MON	TUE	WED	THU	FRI	SAT	SUN
					<b>1</b> All Saints Day	<b>2</b> All Souls Day
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> Presentation of the Blessed Mary Virgin	<b>22</b> Saint Cecilia	<b>23</b> Feast of Christ the King
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Saint Andrew

01 All Saints Day | 02 All Souls Day

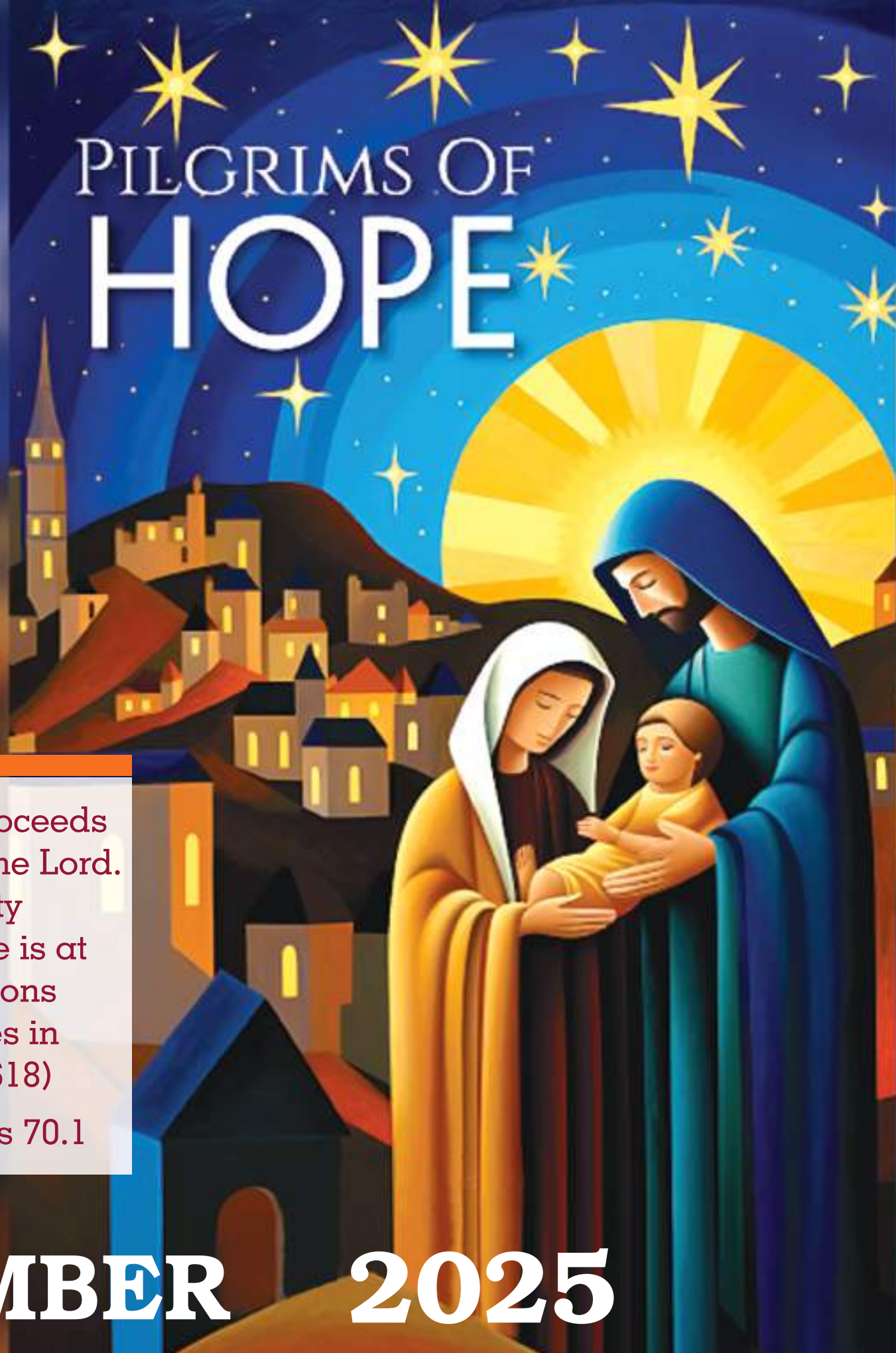


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# PILGRIMS OF HOPE



Every Authority proceeds from the spirit of the Lord. Hence the authority within the institute is at the service of persons and their ministries in the church ( Can.618)  
- FSJ Constitutions 70.1

## DECEMBER 2025

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3 Saint Francis Xavier	4	5	6	7
8 Immaculate Conception of the BVM	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 The Nativity of the Lord - Christmas, FSJ Founder's Birthday Bishop Allen	26	27 John, The Apostle, Evangelist	28 The Holy Family of Jesus Mary Joseph The Holy Innocents
29	30	31				

03 Feast of St. Francis Xavier | 08 The Immaculate Conception of the BVM | 25 Christmas



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