



FRANCISCAN SISTERS OF ST. JOSEPH (FSJ)

FSJ GENERALATE

Bishop Aelen Illam | St. Thomas Mount | Chennai 600 016 | TN | INDIA
Tel : 044-22312876 | Email : fsjaelen1887@gmail.com | www.fsjsisters.org



CHARISM

“Our Founder Bishop John Aelen emphasized and gave us our primary goal and charisma, the ardent desire to strive towards liberation in solidarity with the downtrodden and the oppressed with a special emphasis on women and integral growth of female children.”

- *FSJ Constitution 2.1*

Our Founder, Archbishop John Aelen

“Great and glorious God, and Thou Lord Jesus, I pray you shed abroad your light in the darkness of my mind. Be found of me, Lord, so that in all things I may act only in accordance with Thy holy will”.

-Francis of Assisi



January

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SUN	MON	TUE	WED	THU	FRI	SAT
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

1 New Year's Day | 14 Pongal | 15 Thiruvalluvar Day | 16 Uzhavar Thirunal | 26 Republic Day

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FSJ EMBLEM



FSJ Congregation Emblem

“All the darkness in the world cannot extinguish the light of a single candle.”
-Francis of Assisi

“Circle : Union with God and his People

The Tau crucifix : The sign of redemption which became the signature of St. Francis of Assisi.

The Earth : The earth in which we are to be rooted and aspire to newer horizons.

The Dove : Liberated womanhood - instrument of peace.”

- FSJ Regulations 5.1

February

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
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11 Founder’s Day | 17 Ash Wednesday

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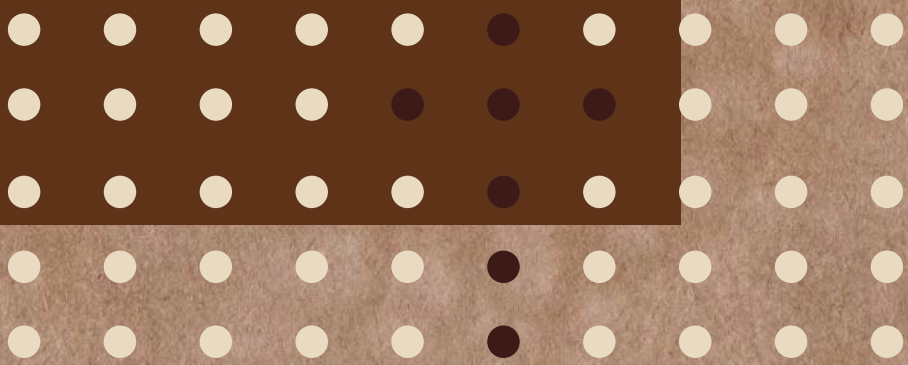
CONGREGATION

“Our congregation has been known as, the Sisters of the third Order of St. Francis of Assisi. The patrimony of our Congregation which is the life and teaching of St. Francis has been our guiding spirit. Later, seeking the protection of St. Joseph, our Congregation has been renamed as Franciscan Sisters of St. Joseph (FSJ).”

- FSJ Constitution 1.2

Our Patron Saint, St. Joseph

“Hold back nothing of yourselves for yourselves so that He who gives Himself totally to you may receive you totally”.
-Francis of Assisi



March

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
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21	22	23	24	25	26	27
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08 Women's Day | 19 Feast of St. Joseph

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Our Patron Saint, St.Francis of Assisi

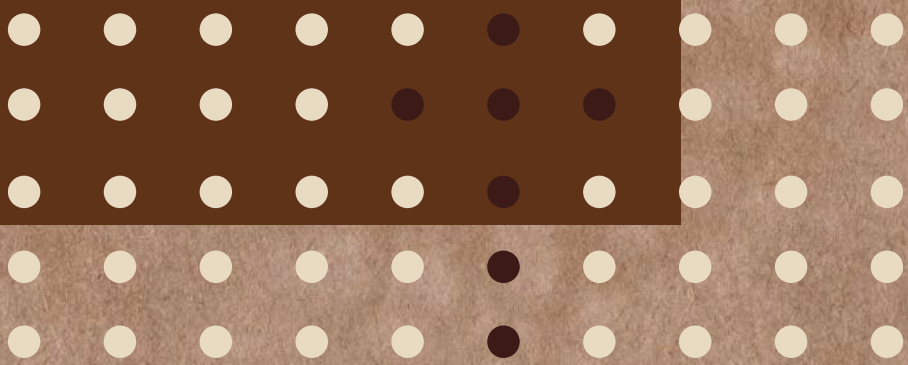
POVERTY

“We have renounced everything and have chosen a life of poverty. We fully repudiate power, wealth and honour, and cultivate a habit of sharing what we have with the needy.”

- FSJ Constitution 21.3

“Grant me the treasure of sublime poverty: permit the distinctive sign of our order to be that it does not possess anything of its own beneath the sun, for the glory of your name, and that it have no other patrimony than begging”.

-Francis of Assisi



April

SUN	MON	TUE	WED	THU	FRI	SAT
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2 Good Friday | 4 Easter | 13 Telugu New Year | 14 Tamil New Year | 25 Mahavir Jayanti

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The cross of Archbishop John Aelen

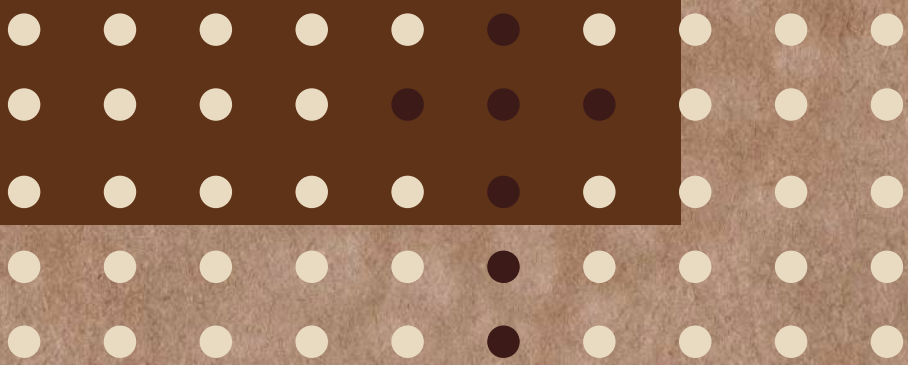
OBEDIENCE

“The sisters fulfil their duties with exactitude and zeal in a spirit of faith and love of God’s will. They must be humble, prompt and cheerful, active and responsible in their obedience.”

- *FSJ Constitution 22.8*

“A man who works with his hands is a labourer. A man who works with his hands and his head is a craftsman. A man who works with his hands, his head, and his heart is an artist”.

-Francis of Assisi



May

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
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01 May Day - St. Joseph the worker | 14 Ramzan

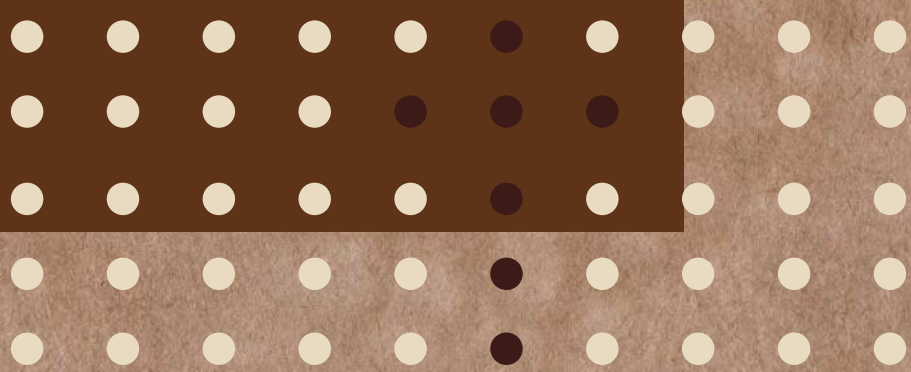


CHASTITY

“Let the sisters encourage each other in God’s service through their sharing of mutual love and joy. Chastity liberates the human heart in a unique way. It is also the most suitable way for religious to spend themselves readily in God’s service through their apostolate.”

- *FSJ Constitution 20.2*

“Above all the grace and the gifts that Christ gives to his beloved is that of overcoming self ” .
-Francis of Assisi



June

SUN	MON	TUE	WED	THU	FRI	SAT
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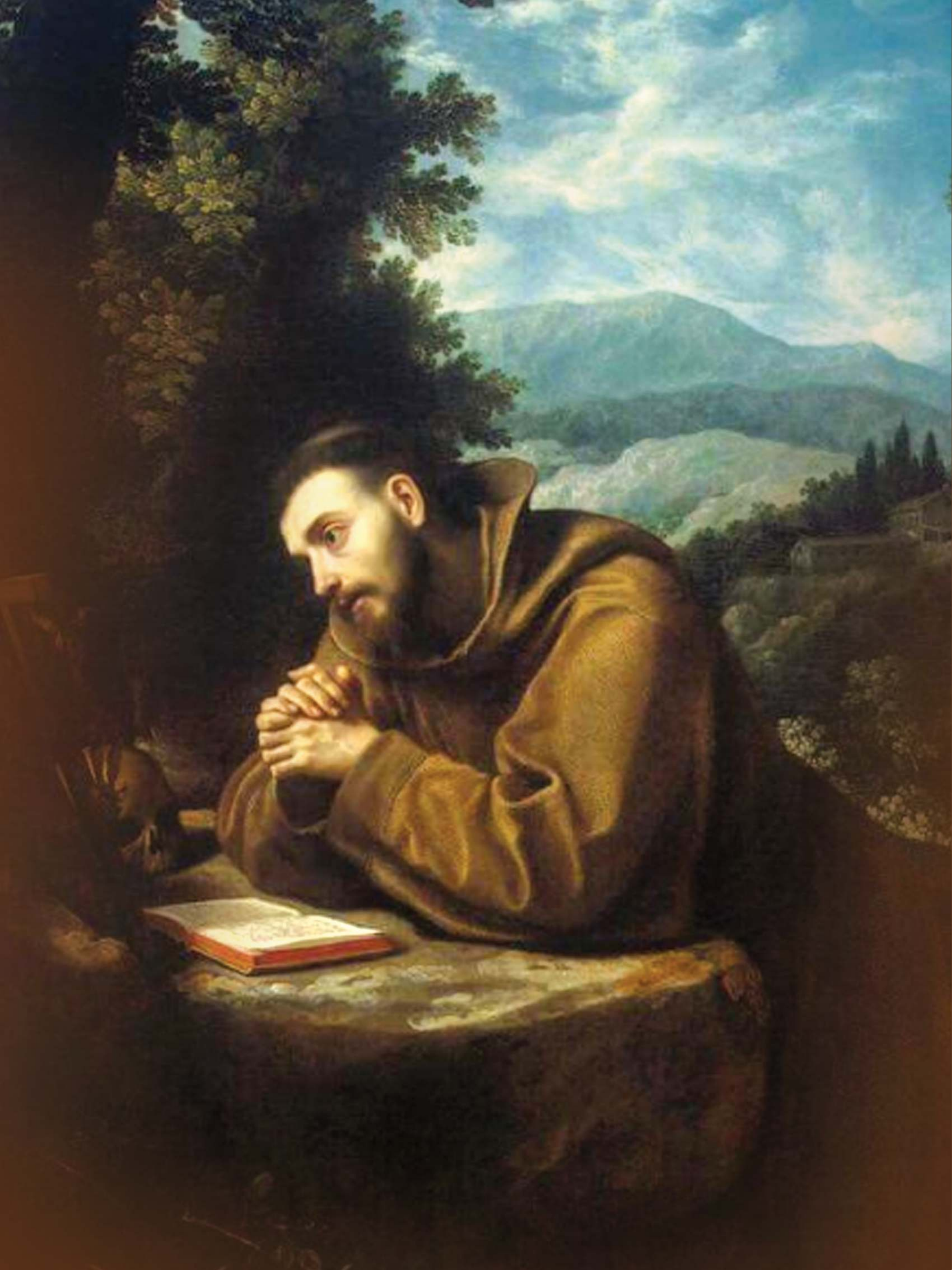
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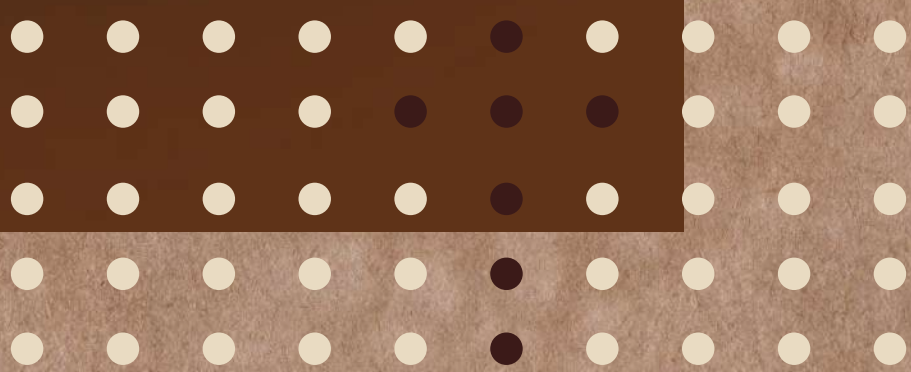


PRAYER

“We should cultivate the spirit of prayer and devotion of Our Father St. Francis, who was seen not so much praying as having become prayer himself.”

- *FSJ Constitution 7.2*

“While you are proclaiming peace with your lips, be careful to have it even more fully in your heart”.
-*Francis of Assisi*



July

SUN	MON	TUE	WED	THU	FRI	SAT
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21 Bakrid

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St Clare of Assisi

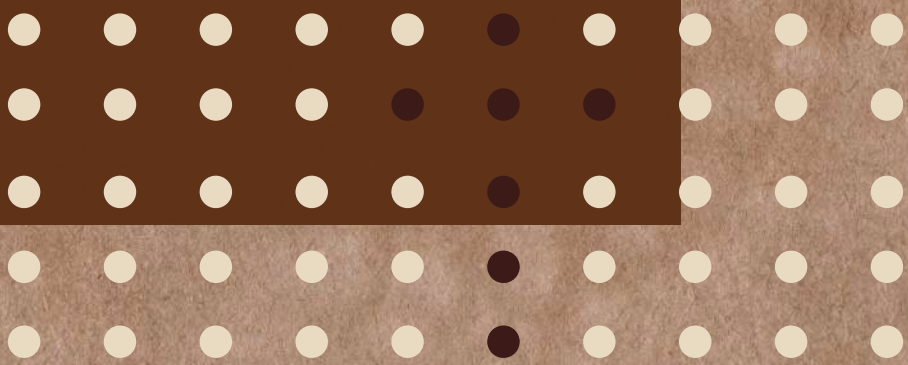
“We should never desire to be over others. Instead, we ought to be servants who are submissive to every human being for God’s sake”.

-Francis of Assisi

COMMITMENT

“Our religious commitment is rooted in the Sacrament of Baptism. It is only in realizing fully the flourishing effect of the baptismal grace that our religious commitment finds its consummation. Through this consecration we gift our entire selves to God and make a covenant to live for God alone.”

-FSJ Constitution 19.1



August

SUN	MON	TUE	WED	THU	FRI	SAT
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15 Independence Day | 19 Muharam | 21 Onam | 30 Krishna Jayanthi



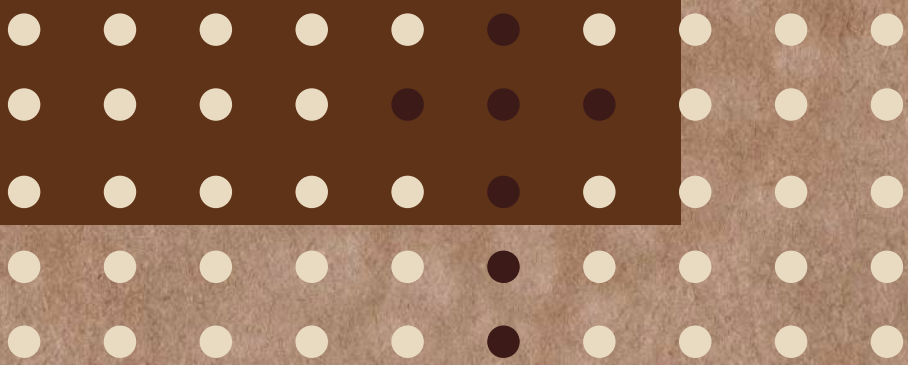
CHRIST OUR MODEL

“Inspired by the Triune God and based on the example of Christ and his disciples, St. Francis formed a fellowship of brotherhood. Following his example, we constitute a community of sisters living the Gospel form of life.”

- *FSJ Constitution 23.1*

“If we endure all things patiently and with gladness, thinking on the sufferings of our Blessed Lord, and bearing all for the love of Him: herein is perfect joy”.

-Francis of Assisi



September

SUN	MON	TUE	WED	THU	FRI	SAT
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12	13	14	15	16	17	18
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26	27	28	29	30		

5 Teachers Day | 10 Vinayakar Chathurthi | 17 Stigmata of St. Francis

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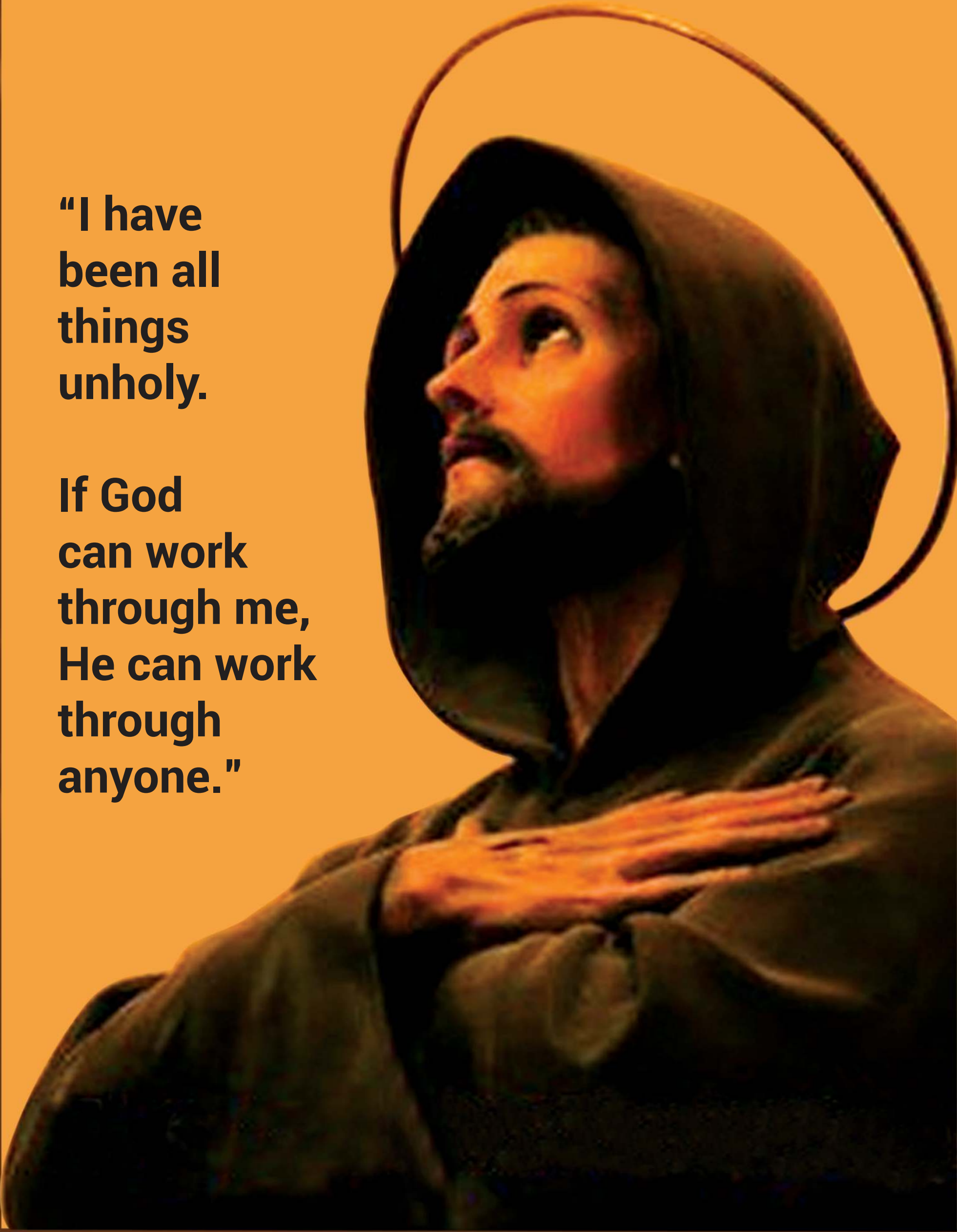
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St. Francis of Assisi

“I have
been all
things
unholy.

If God
can work
through me,
He can work
through
anyone.”



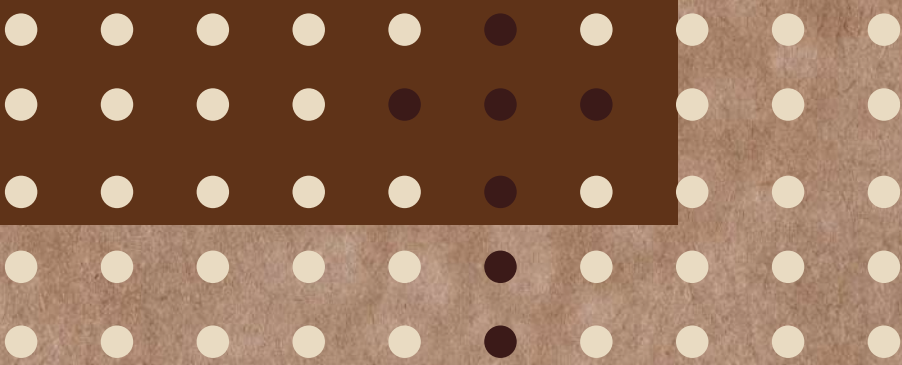
IN THE PATH OF ST. FRANCIS

“Trusting in the divine providence and with the spirit of joy of St. Francis, The poor little man, whose spirit we imbibe, our sisters carry out their apostolic activities. Thus we witness to Christ in the world.”

- FSJ Constitution 33.1

“Remember that when you leave this earth, you can take with you nothing that you have received - only what you have given: a full heart, enriched by honest service, love, sacrifice and courage.”

-Francis of Assisi



October

SUN	MON	TUE	WED	THU	FRI	SAT
31					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

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02 Gandhi Jayanthi | 04 St. Francis of Assisi – Our Patron | 14 Ayutha Pooja | 15 Vijayadasami | 19 Milad-un-Nabi

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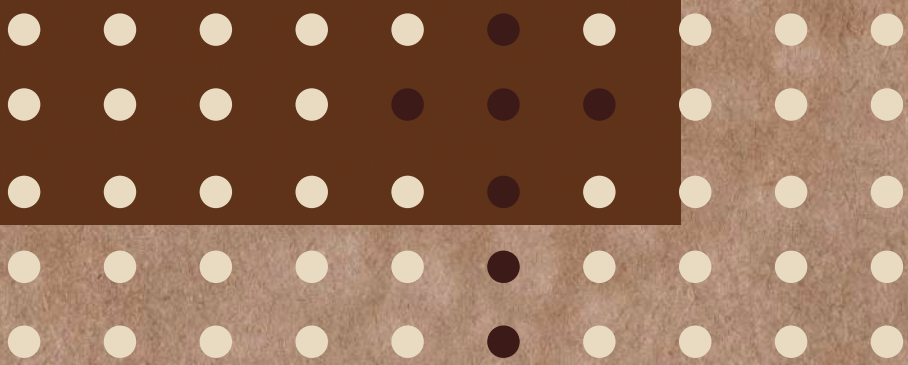
THE SPIRIT OF THE CONGREGATION

“With the grace of the Triune God and under the patronage of St. Francis, the poor little man who made Christ’s life his very own, repeating the prayer (My God and My All) our Congregation endeavors to fulfil its contemplative and active dimension of its apostolic mission, by following his footsteps.”

- FSJ Constitution 4.1

“Keep a clear eye toward life’s end. Do not forget your purpose and destiny as God’s creature. What you are in his sight is what you are and nothing more”.

-Francis of Assisi



November

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
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21	22	23	24	25	26	27
28	29	30				

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01 All Saints Day/Community Day | 02 All Souls Day | 04 Deepavali

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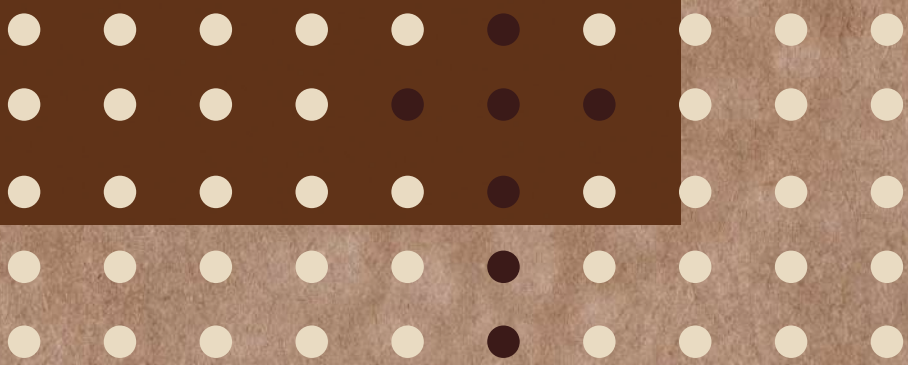
TRADITION OF THE
CONGREGATION

“Our Congregation may continue to be renewed in spirit, exercising a spirit of freedom and following their tradition. Our sisters joyfully share the life of the downtrodden and the oppressed especially the women and female children.”

- *FSJ Constitution 5.1*

“We have been called to heal wounds, to unite what has fallen apart, and to bring home those who have lost their way”.

-*Francis of Assisi*



December

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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08 Feast of the Immaculate Conception | 25 Christmas / Our Founder’s Birthday

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